



## **Post-Operative Instructions: Sialendoscopy**

The salivary duct to the gland is cannulated and dilated during this procedure. An endoscope is used to examine the salivary duct for stones or obstructing lesions. Sometimes a stone is removed from the duct or steroid is injected. This procedure can alleviate the obstruction of the duct and improve symptoms of sialadenitis.

### **Immediately after the procedure:**

1. The salivary gland may be swollen and tender. Tylenol or ibuprofen can be used for pain.
2. The floor of the mouth and/or the side of the mouth may also be swollen. The tongue may be temporarily numb from the procedure. This should improve in the days following the procedure.

### **Diet**

Start with clear liquids for the first few hours. Cold liquids may feel better than hot liquids. If an incision has been made inside the mouth during the procedure, avoid chewing in that area for one week. Diet may be advanced to regular diet as tolerated.

### **Activity**

Normal activity may be resumed the day after the procedure.

### **Days after surgery**

In the days following the sialoendoscopy procedure, it is important to drink plenty of fluids, massage the gland or glands when eating and drinking and to use sour candies to assist in between meals with salivation.

Call the office for any concerns including fever, excess swelling of the gland or worsening pain.

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